

† Please stand as you are able. The congregation may join in by reciting **the words in bold.**

**Prayer and Attendance Cards:** Please help us take attendance by writing your name on the prayer card (in the buckets) that is most appropriate for you. You may also write a prayer concern and hold it for prayers of the people.

**Prelude** Desiree Davis-Omburo

**Welcome and Announcements**

**Chiming the Trinity**

**Call to Worship—Psalm 121 (CEB)**

I raise my eyes toward the mountains.

Where will my help come from?

<sup>2</sup> **My help comes from the LORD,  
the maker of heaven and earth.**

<sup>3</sup> God won't let your foot slip.

Your protector won't fall asleep on the job.

<sup>4</sup> **No! Israel's protector  
never sleeps or rests!**

<sup>5</sup> The LORD is your protector;  
the LORD is your shade right beside you.

<sup>6</sup> **The sun won't strike you during the day;  
neither will the moon at night.**

<sup>7</sup> The LORD will protect you from all evil;  
God will protect your very life.

<sup>8</sup> **The LORD will protect you on your journeys—  
whether going or coming—  
from now until forever from now. Amen.**

† **Opening Song** "A Mighty Fortress" **UMH 110**

**Glory Moments**

*At this time, people are invited to share how they have seen or experienced God recently.*

**Prayer for Illumination**

**Lord, Your Word is a lamp unto our feet and a light unto our path. Shine Your light into the darkened places of our lives. Help us not to be anxious about anything, but in all things present our concerns and petitions to you. Free us from our fears and burdens to hear afresh a living Word from You. Amen.**

**New Testament Reading** Philippians 4:6-8  
**Gospel Readings** Matthew 6:25-34, 11:28-30

Leader: this is the word of God for us the people of God, **thanks be to God!**

**Prayer of Confession** Rebecca Turner  
**Lord, You who give us everything we need and then invite us to trust in You, we confess that we have relied more on ourselves and insisted that we be the ones who are totally in control. We confess that we are not the ruler of the universe and we let go of the deception that we can control everything in our lives. Forgive us for our lack of trust and for focusing our attention on the things that were not good for us. Give us a new start to trust in You. Free us from the chains of our past and the worries of the future, so that we can live and love more fully in the present. Amen.**

**Words of Forgiveness**

God knows what we need before we ask, and nothing comes to us that God doesn't already know about. God gives us forgiveness to unchain us from the regrets of our past, frees us from worry about the future, gives us a new start to be whole and live more fully in the present and an invitation to trust in God.

**Peace of Christ**

*At this time, you may stand and greet your neighbor with signs of peace.*

**Sermon** "Anxious about Nothing" Pastor Adam

**A Time of Letting Go**

*At this time, you may come forward to the front, bring your rock that represents what is weighing on you, place it in the basket, and return to your seat.*

**Hymn** "Great is Thy Faithfulness" **UMH 140**

**Tithes and Offerings**

*The Doxology (UMH 94)*  
*Dedicating our gifts to God*

Desiree Davis-Omburo

*Prayers of the People*

Pastor Adam

*If you have a prayer concern you would like for us to pray for in this service, you may write it on a prayer card and raise it in the air for an usher to collect.*

*The Lord's Prayer*

†*Closing Song*

"It is Well with My Soul"

UMH 377

†*Benediction*

†*Chiming the Trinity*

†*Postlude*

Desiree Davis-Omburo

#### Announcements:

- Thanks to all who came out yesterday and helped pull weeds at the Yard Work Day!
- **"How to Fight Racism"** video study by Jemar Tisbey resumes **tomorrow @ noon in the Fellowship Hall**. You do not have to have attended the first sessions to join us. It's a "bag lunch" discussion, so bring your lunch with you!
- Mark your calendars for **Octoberfest on Saturday, October 28<sup>th</sup> @ 4:30-7 PM**
- **"Walk in their Shoes" 5K run/walk** is on **Saturday, November 4**. This is a fundraiser for Open Table Ministries in Durham, which is a non-profit that works out of Trinity UMC's building to offer clothes, showers, food, and services to our unsheltered neighbors.
- **Marge Potter's Remembrance** gathering will now be on **Saturday, November 11 @ 11 AM-1 PM** in the fellowship hall.
- Please plan to be at church and mark your calendars for **Consecration Sunday on November, 12!** There will be a Celebration Lunch following. Details forthcoming.
- Mark your calendars for **Sunday, November 26 @ 5-7 PM** for our CCoM Harvest Feast and Fellowship.

# Parkwood UMC Worship Service

## October 22, 2023



Free Photo by Elijah Hiett on unsplash.com

# Anxious about Nothing

Sunday, October 22, 2023 • 22<sup>nd</sup> Sunday after Pentecost